



A NOTE FROM THE DESK OF...
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Expectations

Be Visible

Be Accessible

Be Responsive

July 11, 2019

Mr. Apte
Director, Cities4Peace
International Association for Human Values (IAHV)

In my position as Assistant Chief for the Los Angeles Police Department (LAPD), I am grateful for your work during Spring 2019 to reinvigorate nonviolence in South Los Angeles. As part of the mission, the Nonviolence Ambassador Certification Program brought together diverse members of the South LA community - including former gang members, LAPD police officers, and community leaders and equipped the participants with tools, knowledge, and inspiration to effectively promote compassion and nonviolence in the community.

The training consisted of interactive discussions between LAPD officers and community members as well as profound SKY meditation techniques that helped in showing the participants an effective methodology for self-care and self-compassion, often set aside by many in the community, including police officers. The program has been very well received by the community members and police officers. The training has empowered participants to work together to promote nonviolence in our local communities and neighborhoods.

I congratulate you for your efforts to promote peace and nonviolence in South Los Angeles.

Regards



Robert N. Arcos